**Boston Community Resources & Information**

**Red Cross of Massachusetts**
101 Station Landing Suite 510
Phone: (781) 410-3670
Phone: (800) 272-7337 (toll-free) *Information Referral Services*

GET HELP WITH:
- Mental Health Assistance
- Financial Assistance
- Health Services

**Fuel & Utility Assistance:**

**ABCD**
178 Tremont Street
Boston, MA 02111
Phone: (617) 348-6000

Services:
- Clothing and Essentials
- Housing Counseling Services
- Food Pantries

**LIST OF FOOD PANTRIES** (Boston & Surrounding Areas)

**Dothouse Health – Food Pantry**
- Every Wednesday morning for general public has a food pantry
- Requirement: Must live in Dorchester or surrounding towns

**Allston-Brighton NOC**
640 Washington Street, Suite 203
Brighton, MA
Call: 617.903.3640

**Roxbury/N. Dorchester NOC**
565 Warren Street
Roxbury, MA 02121
Call: 617.442.5900
Jamaica Plain APAC  
30 Bickford Street, Lower Level  
Jamaica Plain, MA 02130  
Call: 617.522.4250

North End/West End NSC  
1 Michelangelo Street  
Boston, MA 02113  
Call: 617.523.8125

Parker Hill Fenway NSC  
714 Parker Street  
Roxbury, MA 02120  
Call: 617.445.6000

SNAP/South End NSC  
554 Columbus Avenue  
Boston, MA 02118  
Call: 617.267.7400

FREE MEALS AND SOUP KITCHENS:

Bread and Jams  
50 Quincy Street, Cambridge  
617-441-3831  
Call to make an appointment

Boston Living Center  
29 Stanhope Street, Boston  
617-236-1012  
Serves only individuals with HIV/AIDS Bring verification of HIV+ status and income verification

Boston Rescue Mission / Pantry  
39 Kingston Street, Boston  
617-338-9000  
Must be 18 years old  
A referral is needed, call to make an appointment

CASPAR Emergency Service Center and Shelter
240 Albany Street, Cambridge
617-661-0600
Must be resident of Somerville or Cambridge, over age 18

**Catholic Social Services (Fall River)**
1600 Bay Street, Fall River
508-674-4681
Call for eligibility requirements

**Community Servings, Inc.**
18 Marbury Terrace, Jamaica Plain
617-522-7777
For meal delivery individual has to be at a critical stage of life-threatening illness and must fill out an intake packet with a medical certification form completed by a doctor or nurse
Call to make an appointment

**Community Supper**
30 Brimmer Street, Boston
617-523-2377
Tuesday dinner 5:30pm-7pm

**Crossroads Family Shelter Food Pantry/Our Daily Bread**
Holy Redeemer Church
56 Havre Street, East Boston, MA 02128
617-567-5926. Call at 10 A.M. on Tuesday or Thursday to schedule an appointment.

**Friday Night Supper**
351 Boylston Street, Boston
617-536-7050
Also has clothing available and toiletries every other week

**Grace Federated Church Food Pantry**
760 Saratoga Street, East Boston, MA 02128
Saturdays 10 A.M. – 1 P.M.
617-569-5358

**Haley House**
23 Dartmouth St, Boston
617-236-8132
Elder Meal: must be 55+ Breakfast meal: for men only

**New England Center for Homeless Veterans**
17 Court Street, Boston
617-371-1800
Call to make an appointment serves only veterans
On the Rise
341 Broadway, Cambridge
617-497-7968
Serves only homeless and at-risk women, children not allowed

Orient Heights Food Pantry
Orient Heights Tenants Organization
38 Vallar Road, East Boston, MA 02128
Hours: 2nd Tuesday of the month, 12:00 P.M. – 2:00 P.M.
617-988-5162.

Outreach Van Project
Central Square, East Boston, MA 02128
Thursdays 7:30 P.M. Medical care (doctor on site), dry goods, and warm food.
617-414-1039.

Paulist Center
5 Park St, Boston
617-742-466

Project Place
1145 Washington Street, Boston
617-542-3740
Must be over 18

Rosie’s Place
889 Harrison Ave, Boston
617-442-9322
Must be over 18 years old Serves poor and homeless women, transgender community
Monday – Friday:
  • Breakfast (7:30am to 8:30am)
  • Lunch (11:30am to 1pm)
  • Dinner (4:30pm to 7:30pm)
Saturday – Sunday:
  • Brunch (10:30am to 12 noon)
  • Dinner (3:30pm to 5pm)

Salvation Army Cambridge
402 Mass Ave, Cambridge
617-547-3400
Income eligibility, call for information
Salvation Army – Chelsea/East Boston
258 Chestnut Street, Chelsea 617-884-0260
Serves free lunch every day for seniors 60+
Call to make an appointment

Saturday’s/Sunday’s Bread
Church of St. John the Evangelist
35 Bowdoin Street, Boston
781-648-2564
Saturday and Sunday afternoon

St. Francis House
39 Boylston Street, Boston
617-542-4211
Must be over 18 years old
Call to make an appointment

Women’s Lunch Place
67 Newbury Street, Boston
617-267-1722
Breakfast 8-10am, lunch 12-2pm everyday
Serves women and children, male children up to age 16

Youth on Fire
1555 Massachusetts Ave, Cambridge
617-661-2508
Must be 14-24 years old

For the latest information, please visit:
- The Center of Disease Control and Prevention (CDC)
  - www.cdc.gov/coronavirus
- World Health Organization
  - www.who.int/emergencies/diseases
- Ready.gov

CLOTHING RESOURCES:

AMERICAN FRIENDS SERVICE COMMITTEE MATERIAL ASSISTANCE PROGRAM
Phone: (617) 876-5312
5 Longfellow Park
Cambridge, MA
NO drop-ins; MUST call and schedule an appointment
Pick-ups: Tues. & Thurs. from 10am-12pm and 1-5pm
CAMBRIDGE SHELTER
Phone: (617) 547-1885103
109 School St. Cambridge, MA
Drop-Ins Monday and Thursday 12:00pm

CHILDREN'S CLOTHING EXCHANGE
Phone: (617) 576-0039
Roosevelt Towers Housing Complex
391 Evereteze Way Cambridge, MA
Children’s Clothing Tues.-Thurs. from 10am-4pm
2nd and 4th Saturday of month from 11am-3pm

ROSIE’S PLACE
Phone: (617) 442-9322
889 Harrison Avenue Boston, MA
Rosie’s Place does not provide monthly clothes. We provide emergency clothes for female guests whose clothes are dirty or soiled, or who have a job interview or other special event. We also have a very limited number of vouchers to buy clothes at Goodwill.

ST. FRANCIS HOUSE
Phone: (617) 542-4211
39 Boylston St. Boston, MA
Monday-Friday 7am-3pm arrive at 7am -first-come, first-served